



## **GARDENA GRÖDNERHOF HOTEL & SPA**

Located within the charming Alpine landscape of the Dolomites mountains, a UNESCO World Heritage Site, in the centre of Ortisei in Val Gardena and surrounded by a spacious garden, the Gardena Grödnerhof Hotel & Spa is the ideal place for relaxing and revitalising vacations in the Alps throughout the year, dedicated to well-being and absolute comfort.

The 54 absolutely comfortable rooms and suites, the elegant lounge areas and the traditional Tyrolean Stuben have their own special charm thanks to the perfect blend of tradition and modern Alpine style.

The hotel's restaurant and the Anna Stuben gourmet restaurant (one Michelin star and three Gault & Millau chef's toques) propose choice menus, delicious creative dishes with local products and select wines in a refined and charming environment. The high level cuisine and the exacting care for even the smallest details have always been and remain an important part of the Gardena's tradition of hospitality.

The new Spa & Fitness Centre is a delightful temple of relaxation, health and beauty, with indoor swimming pool, spacious sauna area, ladies only spa, cold water pool, relaxation areas with water beds, infrared loungers, floating beds, outdoor whirlpool, spacious fitness centre with the most modern fitness equipment and an exclusive beauty farm offering innovative treatments and programs to get back into shape in a truly peaceful environment.

In addition to a fitness program with trainer, the Gardena also proposes guided hikes and mountain bike tours (mountain bike rental in the hotel) in the summer and ski trips along the famous Sellaronda with a ski instructor as well as guided snowshoe hikes in the winter. The Dolomiti Superski circuit is the largest ski carousel in the world with a total of 1200 km of slopes. Ski rental in the hotel. Kids & Young Play Land for children aged 3 and older.

For golfers, the 18-hole golf course at the foot of the Sciliar, surrounded by blooming meadows and green fir woods, is a real gem. A harmonious part of the magnificent scenic countryside of the Dolomites, the course extends over approximately 60 hectares on a plateau at an altitude of 850 m.

The Gardena became a member of Relais & Châteaux, the prestigious international association, in 2004. This is a confirmation of the Gardena's decades-old commitment to provide guests with exacting service.

Relais & Châteaux GARDENA GRÖDNERHOF HOTEL & SPA\*\*\*\*\*

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# GENERAL INFORMATION

## GEOGRAPHIC POSITION

The Gardena is located in the heart of the Dolomites, a UNESCO World Heritage Site since 2009, in the centre of the Alpine village of Ortisei (Urtijëi/St. Ulrich) (1236 m above sea level) in Val Gardena, in the province of South Tyrol. South Tyrol, Italy's northernmost province, borders on Austria to the north and on Switzerland to the west.

## HOW TO GET HERE

### BY CAR:

Exit the A22 Brennero motorway at Chiusa/Val Gardena and then take the SS242 road following the signs for Val Gardena to Ortisei (approx. 25 min.). Once in Ortisei, follow the signs with the orange arrows and continue along the main road to the roundabout. Take the first exit and continue through the tunnel. After the tunnel, at the first bridge, turn right and then turn immediately left. Continue to the intersection and then turn right.

**AIRPORTS:** Verona (185 km) | Venice (308 km) | Milan Linate (319 km) | Milan Malpensa (351 km) | Innsbruck (111 km) | Munich (306 km)

**INTERCITY AND INTERNATIONAL TRAINS:** Bressanone station (30 km) | Bolzano station (36 km).

## ROOMS AND SUITES 54

### Rooms 48

4 Comfort rooms (approx. 30-34 m<sup>2</sup>)

44 Superior rooms (approx. 36-40 m<sup>2</sup>)

A connecting door to another Superior Room is available in some cases.

### Suites 6

4 Deluxe Suite (approx. 55 m<sup>2</sup>),

1 Gardena Deluxe Suite (approx. 75 m<sup>2</sup>)

1 Wellness Garden Suite (approx. 75 m<sup>2</sup>)

## RESTAURANTS & BAR

Hotel Restaurant (non smoking)

Anna Stuben Gourmet Restaurant (non smoking)

Lounge Bar (non smoking)

Habana Lounge (smoking area)

## GARDENA SPA

Indoor panoramic swimming pool (17 x 7 m) 1

Spacious sauna area with:

Finnish sauna 1

Bio sauna 1

Steam bath 1

Ladies only spa with

Bio sauna	1
Steam bath	1
Cold water pool	1
Outdoor whirlpool	1
Relaxation areas with water beds, infrared loungers, floating beds	2
Fitness centre with most modern fitness equipment	

## **ANAIS BEAUTY FARM**

### Offer

Mini-programs, multiple day programs or personalized beauty treatments for Her and for Him:

- Facial and body treatments
- Beauty care treatments
- Ayurveda
- Baths and packs
- Massages
- Alpine Beauty & Wellness

### Top-quality products of the most qualified brands:

- Sensai
- Sothys Paris
- Thalgo

## **SPORTS & FITNESS ACTIVITIES**

- Fitness program with expert assistance
- Aquagym with Aquafitness and Aquajogging
- Stretching and relaxation
- Gentle gymnastics
- Yoga
- Fitness area with the most modern Technogym fitness equipment
- Introduction to the use of fitness equipment
- Nordic Walking
- Personal Training (for additional charge)

### In the summer:

- Nordic Walking
- Guided mountain hikes
- Rental of telescopic walking sticks, rucksacks and hiking maps
- Mountain bike rental
- Guided mountain bike tours
- E-bike rental and guided personalized e-bike excursions (to be paid separately)
- St. Vigil Seis Golf Club – 18-hole golf course (to be paid separately)

### In the winter:

- Skiguiding (ski excursions with our ski instructor) (with small additional charge)
- Snowshoe hikes with expert guide
- Ski rental in the hotel (to be paid separately)
- Golf: (18-hole golf course, two-level driving range with 32 tees and a total length of 260 m, putting and chipping greens plus a pitching green), 22 km from the hotel (to be paid separately)

## CHILDREN

**Play Land Mini-Club** with a fun-filled and varied activity program from 3–11.00 p.m. (6 days a week, for children 3 years of age and older).

Children's cinema

Dinner at the children's table with assistance (on request)

Baby-sitting service available (on request and for an additional charge)

## KIDS & YOUNG

**Play Land** with:

Climbing wall

Video game area

Table tennis and table-top football

## OTHER CONVENIENCES AND AMENITIES

Free parking space in underground garage

Piano bar

Personal ski lockers with ski boot drier

Hiking boots and golf bag storage room with personal lockers

Hotel ski rental and ski service (against payment)

Ski-pass service: ski-passes can be purchased at the Alpina Dolomites (against payment)

Ski school service: ski course reservation at the hotel during the welcome cocktail  
(ski courses against payment)

*Pets are not allowed. Thank you in advance for your understanding.*



Info: [marketing@gardena.it](mailto:marketing@gardena.it)

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